



Since 1996.

Presorted STD.  
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Fayetteville AR  
Permit #1132  
Direct Marketing

*"The source for quality."*

- We specialize in:
- Dehydrated foods
- Freeze-dried foods
- Grain mills
- Water filters
- 72-hour kits
- Solar ovens
- Dehydrators
- Books
- and more....

With rising food costs and shortages,  
the best time to prepare is NOW!

Visit our website or give us a call today!

[www.preparednessplus.net](http://www.preparednessplus.net)

800.588.5412

801.226.4188



PO Box 1985  
Orem, UT 84059-1985



**When you're stranded, will you have access to the things you need to survive?**

### 72-Hour Kits

Our Deluxe 1- and 2-person 72-hour kits with backpack contain essentials for one or two people to survive three days with light, warmth, communications, first aid, food, and water. All our recommended provisions for earthquake safety are included in these kits.

Every home, car, and office should have one handy in case of sudden emergencies. Prices start at \$84.95.

**Special!**



Mix-A-Meal Cookbook

Reg. \$14.95

**Special**  
\$12.95

Price good until  
May 31, 2008

**Clearance!**

### First Aid Kits

Compact Kit \$6.95

Home/Office Kit \$19.95

Our first aid kits are chock full of essential items required for small and large incidents. Don't be left unprepared!



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# FOOD PACKS

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## Breakfasts

Reg. \$124.95 **SPECIAL! \$118.71**

12 #10 cans  
Egg mix (for scrambling), 6-grain pancake mix, germade creamed wheat, potato hashbrowns, 9-grain cracked cereal, quick oats, granola, basic muffin mix, Belgian waffle mix, corn muffin mix, buttermilk biscuit mix, blueberry pancake mix

## Meat Substitutes

Reg. \$58.15 **SPECIAL! \$55.24**

6 #10 cans  
Bacon bits TVP, Beef TVP, Chicken TVP, Ham TVP, Taco TVP, Sausage TVP

## Soups

Reg. \$88.75 **SPECIAL! \$84.32**

6 #10 cans  
Beef soup base (no MSG), chicken soup base (no MSG), abc soup mix, vegetable soup mix, chicken noodle soup, creamy potato soup (reduced fat)



## Desserts

Reg. \$69.05 **SPECIAL! \$65.60**

6 #10 cans  
Basic cookie mix, chocolate chip cookie mix, macaron cookie mix, oatmeal chocolate chip cookie mix, sugar cookie mix, oatmeal cookie mix

## Drinks

Reg. \$106.30 **SPECIAL! \$99.99**

6 #10 cans  
Apple drink, cocoa mix, buttermint cocoa, orange cream cocoa, orange drink, peach drink



## Beans

Reg. \$111.40 **SPECIAL! \$105.83**

12 #10 cans  
16-bean mix, black turtle beans, garbanzo beans, great northern beans, kidney beans, lentils, baby lima beans, split green peas, pinto beans, refried beans, small red beans and small white navy beans

## Grains & Pasta

Reg. \$83.10 **SPECIAL! \$78.95**

12 #10 cans  
6-way rolled grain, 7-grain mix, pearl barley, yellow cornmeal, flax, elbow macaroni, egg noodles, quick rolled oats, regular rolled oats, popcorn, wild long grain rice, spaghetti

## Dairy

Reg. \$261.00 **SPECIAL! \$247.97**

12 #10 cans  
Butter powder, buttermilk powder, cheese sauce, cheddar cheese, whole eggs, egg whites, regular non-fat milk, sour cream powder, 4 instant non-fat milk

**Family Grain Mill Special!**  
**\$249.95**

\*\*Prices subject to change without notice.\*\*

\*\*Prices expire May 31, 2008.\*\*

## Potatoes

Reg. \$46.60 **SPECIAL! \$44.08**

6 #10 cans  
Potato dices, two potato flakes, potato granules, potato slices, potato hashbrowns

## Vegetables

Reg. \$183.20 **SPECIAL! \$174.04**

12 #10 cans  
Broccoli, carrot dices, celery, super sweet corn, green beans, mushroom slices, chopped onion, sweet garden peas, red and green peppers, spinach flakes, sweet potato dices, tomato powder



## Fruits

Reg. \$160.45 **SPECIAL! \$152.43**

6 #10 cans  
Apple slices, apple sauce, banana slices, fruit cocktail, peach dices, golden dried raisins

## Freeze-dried Vegetables

Reg. \$91.79 **SPECIAL! \$68.46**

6 #10 cans  
Peas, corn, broccoli, celery, mushrooms, cauliflower

## Freeze-dried Fruits

Reg. \$151.70 **SPECIAL! \$122.06**

Raspberries, strawberries, peaches, blueberries, apple cinnamon, banana

## Baking Items

Reg. \$55.95 **SPECIAL! \$53.16**

6 #10 cans  
Salt, shortening powder, margarine powder, baking soda, baking powder, cornstarch